

Men & HIV

FORUM

20 July 2019, Mexico City, Mexico

LESOTHO MEN'S CLINIC INITIATIVE: KHOTLA

Limpho Maile

Ministry of Health, Lesotho



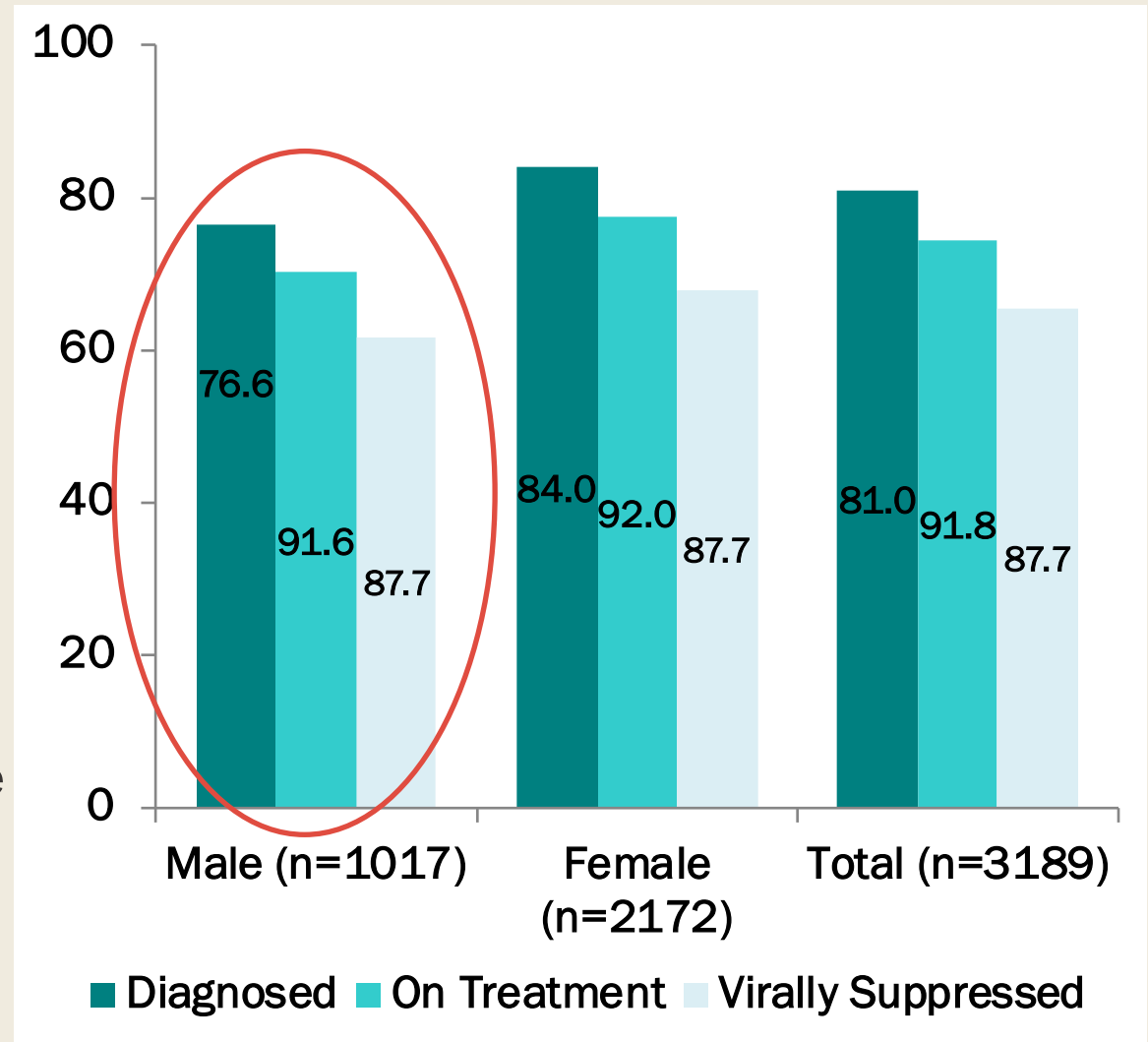
Elizabeth Glaser
Pediatric AIDS
Foundation

*Until no
child has
AIDS.*

LESOTHO – HIV PROGRAMME AND MEN



- HTS critical entry point
- HTS uptake lower among men than women:
 - 76.6% of HIV-positive men
 - 84.0% of HIV-positive women
- High HIV prevalence among adult
 - 25.6% of adults (ages 15-49)
- HIV incidence: men = 2.1% compared with women = 1.7% (15-59 yrs)
 - Men often present late with advanced disease
 - Higher mortality rates



LePHIA 2017, Di Carlo: 2014; Galdas: 2005; Lubega et al: 2015

LESOTHO MENS' CLINICS: DESCRIPTION

- Dedicated clinic areas for men – feel more comfortable
- Extended hour services - make it easier for employed men
- Appointment scheduled – reduce long wait times
- Comprehensive, non stigmatizing men's health services

METHODS

- Routine program data utilized - HTS, ART initiation, VL monitoring, STI management and TB were abstracted

MEN'S CLINIC: TESTING SERVICES – BUILDING BLOCKS



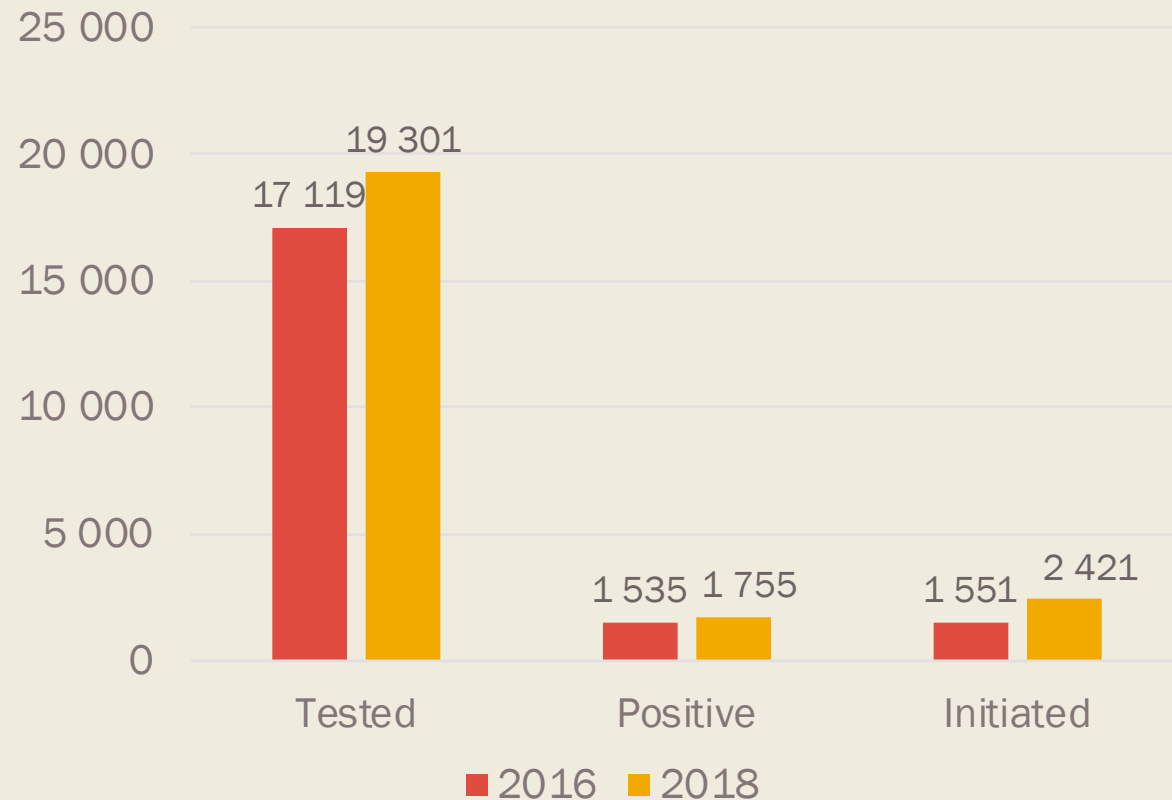
	Mobilizing	Testing	Linkage
WHEN	Monthly radio spots Men's community meetings – once a month Targeted Community outreach – weekdays and weekends Annual Men's Health Services Campaigns – One Month 15 th July – 15 th August	Community – normal outreach activities, working hours and weekends, campaigns Men's clinic – normal hours, extended working hours (early mornings, Saturdays and evenings)	Extended working hours (Saturdays and evenings)
WHERE	Community gatherings Local Media Door-to-door/other male frequented spaces	Men's clinic Fixed testing sites in the community	Community ART Men's clinic
WHO	Male Counselors, Male CHW, Chiefs, Male clinicians	Professional Counselors	Male ART Nurse. Counsellor
WHAT	Demand creation activities Targeted community sensitization	Rapid HIV test HST	Community HTS –ART in Community and referral/ accompanies to men's clinic Men's clinic – starts ART preparation counselling immediately on testing HIV+

MENS CLINIC: ART SERVICE – BUILDING BLOCKS

	ART refills	Clinical consultations	Psychosocial support
WHEN	New/unstable clients – 1 month refills Stable clients – 3 month refills Extended working hours (Saturdays and evenings)	New/re-engaging/unstable clients – at every refill Stable clients – annually Extended working hours (Saturdays and evenings)	New clients – w-1, m0, m1, m6 (4 sessions) Unstable clients – 2 sessions
WHERE	Men’s clinic	Men’s clinic	Men’s clinic
WHO	Male nurse	Male nurse	Male counsellor
WHAT	Include service package e.g. Cotrimoxazole/TPT refills/NCS refills	Clinical consultation Viral load NCD/Cotrimoxazole/TPT assessment	New clients – rapid initiation counselling sessions Unstable clients – EAC counselling sessions

TESTING, POSITIVITY AND INITIATION BEFORE (2016) AND AFTER MEN'S CLINIC (2018)

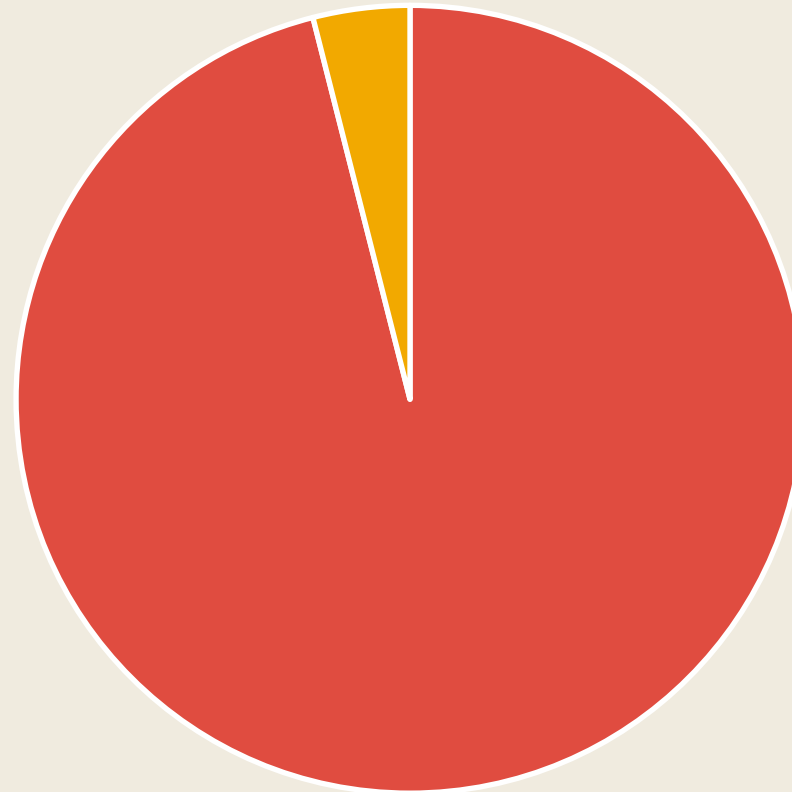
Number of men tested, positive, and initiated on ART



- Increase in # tested
 - 17,119 (2016) to 19,301 (2018)
- Small increase in positivity
 - 9.0% (2016, n=1,535) to 9.1% (2018, n=1,755)
 - Site variation in 2018 from 5-14%
- Initiation numbers greater than positives
 - 101% in 2016, 138% in 2018
 - Site variation in 2018 from 56-156%

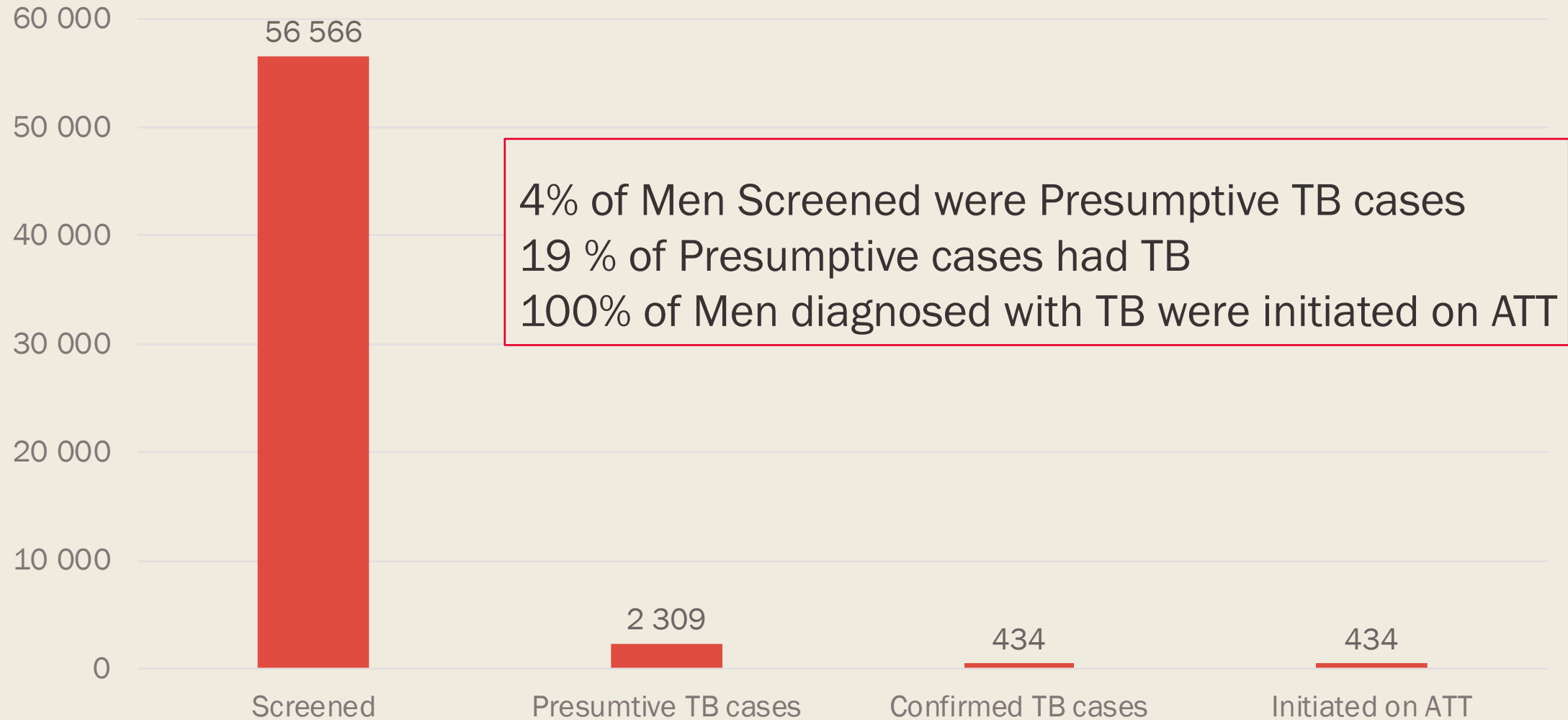
VIRAL LOAD COMPLETION AND SUPPRESSION - 2018

95,6% suppressed
*Variation between 89-99%
across eight sites*

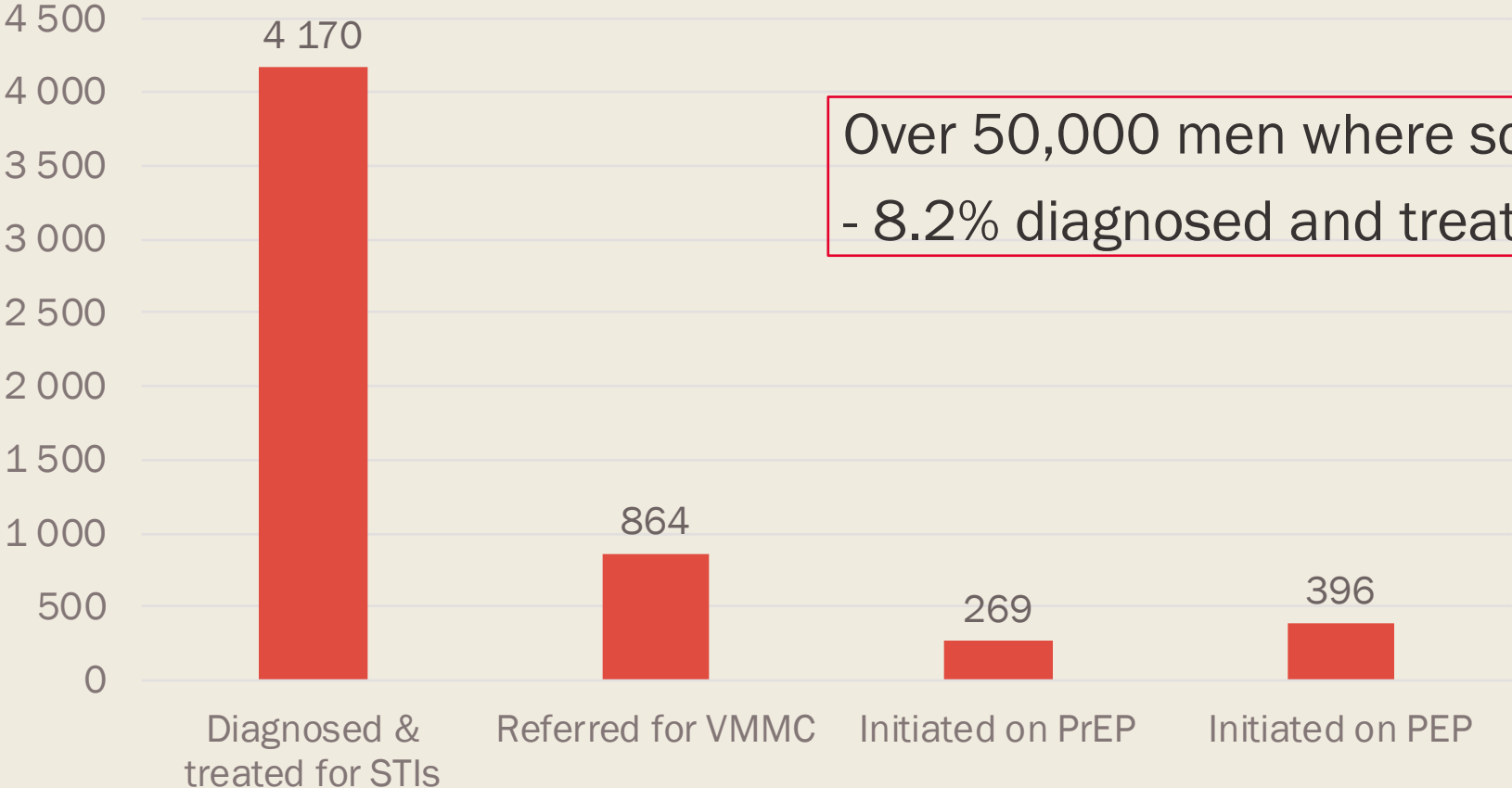


■ Suppressed VL ■ Not suppressed

TB SERVICES JAN-DEC 2018

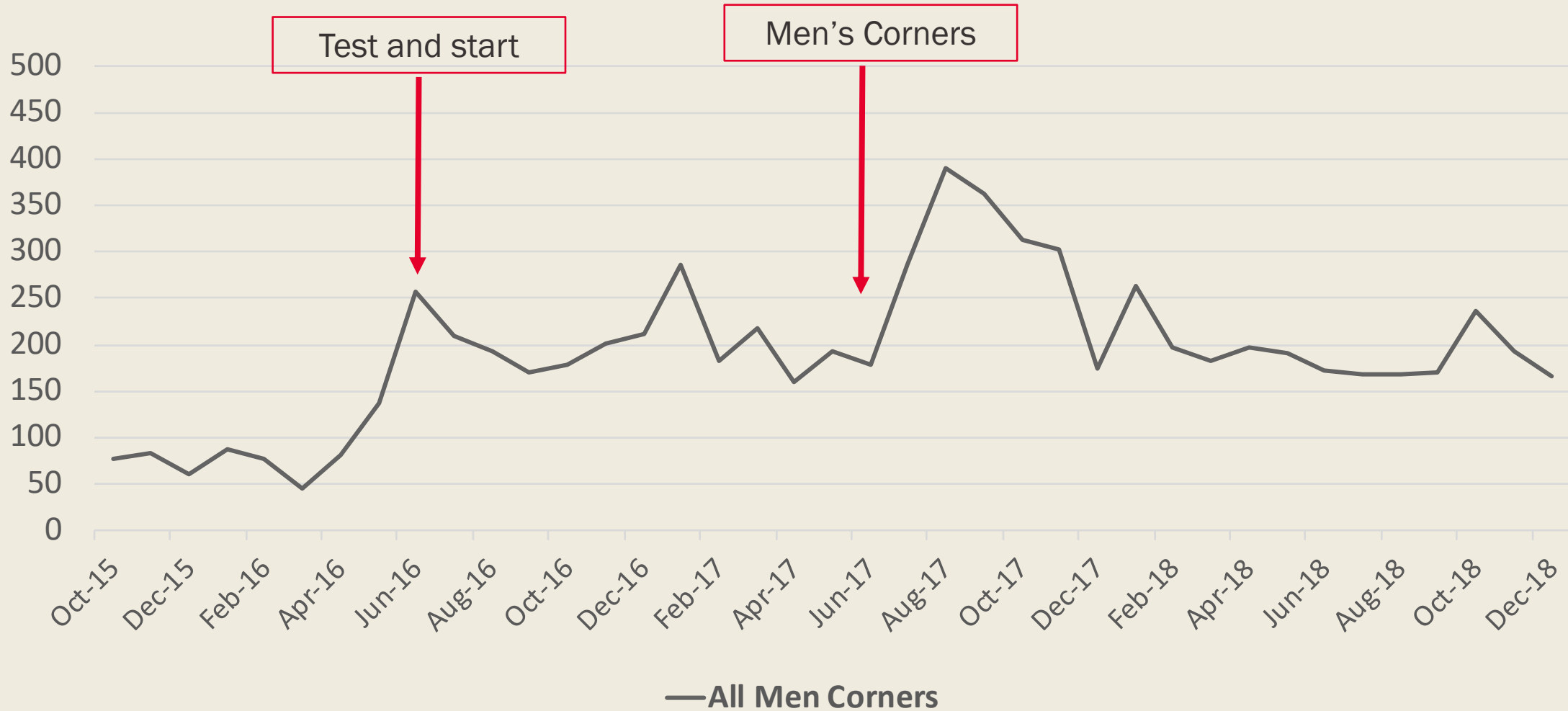


PREVENTION SERVICES, 2018



Over 50,000 men were screened for STI's
- 8.2% diagnosed and treated

NEW MEN ON ART >15 YEARS: ALL FACILITIES WITH MEN'S CLINICS: 2015-2018



LESSONS LEARNED & NEXT STEPS

- Providing male-focused services is a welcomed initiative
 - Increasing the number of men testing, initiating ART and bringing in men who previously had declined ART
- MOH is leading scale-up of men's clinics
- Increasing focus on index testing /partner identification for male partners of women on ART
- Continued training and mentoring of male health care workers on provision of male-friendly services at all facilities
- Obtain additional funding to increase recruitment of male nurses



THANK YOU FOR YOUR ATTENTION