



# FIRST YEAR VISIT SCHEDULE

There are three versions of this dashboard, each highlighting different aspects of the visit schedule and including different layers of information. Schedule shown is for stable clients.

## VERSION A: VISIT SCHEDULE IN THE FIRST YEAR ON TREATMENT

Not all national policies explicitly set out the visit schedule for the first 12 months on antiretroviral therapy (ART). This dashboard combines all clinical reviews, viral load test timing and ART refill visits, as outlined in the national guidelines, to determine the likely visit schedule for the first 12 months on ART.

	M0	W2	M1	M2	M3	M4	M5	M6	M7	M8	M9	M10	M11	M12	No. of visits
<b>Angola</b>	●	● <sup>1</sup>	●	ⓐ	ⓐ	ⓐ	ⓐ	●	●		●	ⓐ	ⓐ	●	13
<b>Eswatini</b> <sup>2</sup>	●	●	●	●	●	●	●	●			ⓐ			●	10
<b>Ethiopia</b>	●	●	●	●	●	●	●	●			●			●	10
<b>Ghana</b>	●	●	●	●	●	●		●		●		●		●	10
<b>Kenya</b>	●	●	●	●	● <sup>3</sup>	●		●						●	8
<b>Lesotho</b>	●	●	●		●			● <sup>4</sup>			●			●	7
<b>Liberia</b>	●	●	●	●	●	●	●	●			● <sup>5</sup>				9
<b>Malawi</b>	●		●	●	●			●			●				6
<b>Mozambique</b>	●		●	●	●			●			●			ⓐ	6
<b>Namibia</b> <sup>6</sup>	●	●		●	●	ⓐ	ⓐ	●	ⓐ	ⓐ	●	ⓐ	ⓐ	●	13
<b>Rwanda</b>	●		●	●	●		●	●			ⓐ <sup>7</sup>			●	7-8
<b>South Africa</b>	●		●		●	●			ⓐ			●			6
<b>Uganda</b>	●		●	●	●			●			●			●	7
<b>Zambia</b> (policy 1, policy 2)	●	●	●		●			●			● <sup>8</sup>			●	7
<b>Zimbabwe</b>	●		●		●			●			●			●	6

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### Key

- Clinical visit
- ⓐ ART refill only visit
- ⓐ ART refill only visit in certain DSD models

### References

Click on the Country name to access the referenced policy.

## Notes

- 1. Angola:** Clinical visit takes place on day 15 after treatment initiation; monthly adherence consultations take place between the clinical consultations.
- 2. Eswatini:** During the first six months on treatment, clients should be reviewed monthly. Antiretroviral therapy (ART) refills should follow the clinical review schedule.
- 3. Kenya:** Clients who are adherent and virally suppressed at month three may not need subsequent monthly appointments until month six. It is likely that a month four visit is required to ascertain viral load (VL) suppression.
- 4. Lesotho:** Guidelines set out a clinical review visit schedule of every six to 12 months for adults after six months on ART. VL is taken at month six and the result will likely be reviewed at a follow-up visit three months later with a further return visit at month 12 for the second VL test.
- 5. Liberia:** Clients initiating first-line ART have to be reviewed clinically after two weeks if they have been given a starter pack for one month; otherwise, after one month. From month six on treatment, stable, virally suppressed and adherent clients can be given up to 3 or 6 monthly appointments. VL suppression will be known only at the visit after month six, requiring clients to return at month seven or month nine for a review of results.
- 6. Namibia:** Guidelines set out the clinical visit schedule as reflected. The first consultation after ART initiation takes place during week six. Clients are eligible for multi-month dispensing (MMD) of ART from month 12 onwards if they are considered stable.
- 7. Rwanda:** MMD is possible only if the client is in a facility-based group model or community-based model.
- 8. Zambia:** VL is taken at month six with the differentiated service delivery (DSD) offer at the next visit. The next visit is either at month seven or month nine (maximum 3MMD unless transferred to appropriate DSD models).



# FIRST YEAR VISIT SCHEDULE

## VERSION B: VISIT SCHEDULE IN THE FIRST YEAR ON TREATMENT NOTING VISITS WITH VIRAL LOAD

Not all national policies explicitly set out the visit schedule for the first 12 months on ART. This dashboard combines all clinical reviews, viral load test timing and ART refill visits, as outlined in the national guidelines, to determine the likely visit schedule for the first 12 months on ART. In addition, this dashboard includes the adult viral load schedule in the first year, which is clearly defined in all national policies and requires little to no interpretation.

	M0	W2	M1	M2	M3	M4	M5	M6	M7	M8	M9	M10	M11	M12	No. of visits
Angola	●	●	●	Ⓐ	Ⓐ	Ⓐ	●	Ⓥ	●		●	Ⓐ	Ⓐ	Ⓥ	13
Eswatini	●	●	●	●	●	●	●	Ⓥ			Ⓐ			Ⓥ	10
Ethiopia	●	●	●	●	●	●	●	Ⓥ <sup>9</sup>			●			Ⓥ	10
Ghana	●	●	●	●	●	●		Ⓥ		●		●		Ⓥ <sup>10</sup>	10
Kenya	●	●	●	●	Ⓥ <sup>11</sup>	●		●						Ⓥ	8
Lesotho	●	●	●		●			Ⓥ			●			Ⓥ <sup>12</sup>	6
Liberia	●	● <sup>13</sup>	●	●	●	●	●	Ⓥ			●				9
Malawi	●		●	●	●			Ⓥ <sup>14</sup>			●				6
Mozambique	●		●	●	●			Ⓥ <sup>15</sup>			●				6
Namibia	●	●		●	●	Ⓐ	Ⓐ	Ⓥ	Ⓐ	Ⓐ	●	Ⓐ	Ⓐ	Ⓥ	13
Rwanda	●		●	●	●		Ⓥ	●			Ⓐ <sup>16</sup>			Ⓥ	7-8
South Africa	●		●		Ⓥ	●			Ⓐ			Ⓥ <sup>17</sup>			6
Uganda	●		●	●	●			Ⓥ			●			Ⓥ	7
Zambia (policy 1, policy 2)	●	●	●		●			Ⓥ			●			Ⓥ	7
Zimbabwe	●		●		●			Ⓥ			●			Ⓥ	6

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### Key

- Clinical visit
- Ⓐ ART refill only visit
- Ⓐ ART refill only visit in certain DSD models
- Ⓥ Viral load testing

### References

Click on the Country name to access the referenced policy.

### Notes

9. **Ethiopia:** Guidance is unclear as the narrative text mentions reviewing VL results at month six, but the visit schedule lists the appointment to take VL at month six. This dashboard reflects the visit schedule.
10. **Ghana:** Guidelines state that VL is taken at months six and 12 and then annually.
11. **Kenya:** For age ≥25 years, VL is taken at month three, month 12 and then annually. For age 0-24 years, VL is taken at month three and then every six months.
12. **Lesotho:** Guidelines state that VL is taken at months six and 12, then every six to 12 months.
13. **Liberia:** Guidelines state that VL is taken at month six and then annually.
14. **Malawi:** VL is taken at month six and then annually. Routinely, the next VL sample is collected when 11 months or more have elapsed since the last VL sample was collected.
15. **Mozambique:** VL is taken at month six and then annually.
16. **Rwanda:** VL is taken at month six, month 12 and annually. However, VL should be taken at month five for DSD enrolment at month six.
17. **South Africa:** The second VL is taken at months 10-12, aligned with the clinical review date.



# FIRST YEAR VISIT SCHEDULE

## VERSION C: VISIT SCHEDULE IN THE FIRST YEAR ON TREATMENT, INCLUDING DSD ASSESSMENT VISIT

While all national policies explicitly state when DSD eligibility is possible, few describe the visit when the DSD enrolment assessment can practically take place. This dashboard reviews at which visit a viral load (VL) result would be available to review and would not require a return visit for a further viral load before six months.

For example, Country A allows DSD enrolment from six months on ART and requires a VL of <50 copies/mL for DSD enrolment. In addition, VLs are to be taken at month six, month 12 and then annually. Country A also allows three-month multi-month dispensing (3MMD) from month three. Therefore, in Country A, the first visit when VL would be available would be at month nine. Further, as the next VL will be taken at month 12, it is likely that DSD enrolment will be considered only at month 12 or thereafter.

	M0	W2	M1	M2	M3	M4	M5	M6	M7	M8	M9	M10	M11	M12	No. of visits
<b>*Angola</b>	●	● <sup>18</sup>	●	Ⓐ	Ⓐ	Ⓐ	●	V	●		V	Ⓐ	Ⓐ	V D	13
<b>*Eswatini</b>	●	●	●	●	●	●	●	V			Ⓐ			V D	10
<b>*Ethiopia</b>	●	●	●	●	●	●	●	V <sup>20</sup>			●			V D	10
<b>*Ghana</b>	●	●	●	●	●	●		V	●			●		V D	10
<b>Kenya</b>	●	●	●	●	V <sup>22</sup>	●		D						V	7-9
<b>*Lesotho</b>	●	●	●		●			V <sup>23</sup>			●			V D	6
<b>*Liberia</b>	●	●	●	●	●	●	●	V			●			V D	10
<b>Malawi</b>	●		●	●	●			V <sup>24</sup>			D				6
<b>Mozambique</b>	●		●	●	●			V <sup>25</sup>			D				6
<b>*Namibia</b>	●	●		●	●	Ⓐ	Ⓐ	V	Ⓐ	Ⓐ	●	Ⓐ	Ⓐ	V D	7
<b>Rwanda</b>	●		●	●	●		V	D			Ⓐ <sup>27</sup>			V	7-8
<b>South Africa</b>	●		●		V	D			Ⓐ			V			6
<b>*Uganda</b>	●		●	●	●			V			●			V D	7
<b>*Zambia</b> (policy 1, policy 2)	●	●	●		●			V			●			V D	7
<b>*Zimbabwe</b>	●		●		●			V			●			V D	6

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### Key

- Clinical visit
- Ⓐ ART refill only visit
- Ⓐ ART refill only visit in certain DSD models
- V Viral load testing
- D Possible DSD enrolment
- Eligible for DSD

### References

Click on the Country name to access the referenced policy.

\* Guidelines are not clear and further clarification is required.

## Notes

- 18. Angola:** DSD eligibility is from month 12. DSD could be offered at month 12 if there is reliance on the month six VL result. However, if a month 12 VL result is required, then the DSD offer and enrolment is likely to take place at the following visit.
- 19. Eswatini:** DSD eligibility is from month 12. DSD could be offered at month 12 if there is reliance on the month six VL result. However, if a month 12 VL result is required, then the DSD offer and enrolment is likely to take place at the following visit.
- 20. Ethiopia:** DSD eligibility is from month six. However, the VL result would be available only at the following visit. If DSD is offered at month nine, the client will miss the VL visit at month 12. The DSD offer and enrolment is likely to take place at month 12 or the following visit.
- 21. Ghana:** DSD eligibility is from month six. However, the VL result would be available only at the following visit. If DSD is offered at month eight, the client will miss the VL visit at month 12. The DSD offer and enrolment is likely to take place at month 12 or the following visit.
- 22. Kenya:** DSD eligibility is at month six, and DSD can be offered based on the VL result from the month three VL visit.
- 23. Lesotho:** DSD eligibility is from month six. However, the VL result would be available only at the following visit. If DSD is offered at month nine, the client will miss the VL visit for month 12. The DSD offer and enrolment is likely to take place at month 12 or the following visit.
- 24. Malawi:** DSD eligibility is from month six. However, the VL result would be available only at the following visit.
- 25. Mozambique:** DSD eligibility is at month nine when VL results from month six are available for review.
- 26. Namibia:** DSD eligibility is from month 12. DSD could be offered at month 12 if there is reliance on VL results from month six. However, if a month 12 VL result is required, then the DSD offer and enrolment is likely to take place at the following visit.
- 27. Rwanda:** DSD eligibility and offer takes place at month six provided VL is taken at month five.
- 28. Uganda:** DSD eligibility is from month six. However, the VL result would be available only at the following visit. If DSD is offered at month nine, the client will miss the VL visit for month 12. The DSD offer and enrolment is likely at month 12 or the following visit.
- 29. Zambia:** DSD eligibility is from month six. DSD assessment takes place at visit after month six when VL is taken. If DSD is offered at month seven or nine, the client will miss the VL visit for month 12. The DSD offer and enrolment is likely at month 12 or the following visit.
- 30. Zimbabwe:** DSD eligibility is from month six. However, the VL result would be available only at the following visit. If DSD is offered at month 9, the client will miss the VL visit for month 12. The DSD offer and enrolment is likely at month 12 or the following visit.

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