## NATIONAL AIDS-STI CONTROL PROGRAM



### SOP FOR SIX MONTHLY SCRIPTING / DISPENSING

#### **HEALTH CARE AND FACILITY PREPARATION**

Facilities will utilize the Facility Assessment and Preparation Tool provided to assess whether the facility meets the standard requirements necessary to operationalize the DSD model. In cases where the facility does not meet the requirements, urgent remediation steps must be undertaken before the DSD model is rolled out at the facility. The facilities will use the tool to assess their capacity in implementing new guidelines; effectively manage its HIV commodities and have up-date-date data capture tools. Wherever gaps are identified, facilities will initiate remediation steps to fill the gaps and ensure there is adequate capacity to implement six-month prescription.

#### **ELIGIBILITY CRITERIA FOR SIX MONTHLY REFILL PROGRAM**

After the first six months on ART, most patients will have developed good adherence habits, have adequate coping mechanisms and support systems in place, and will have achieved virologic suppression. With their improved self-care, these "stable patients" require less intensive follow-up and monitoring than other patients. "Stable Clients" as defined by the criteria below will be eligible for six monthly scripting:

- At least 18 years of age
- On ART treatment for at least six months
- On the current ART regimen for at least three months
- Maintain good medication adherence habit
- No current severe side effects 0
- No opportunistic infections that could compromise ART 0
- VL within the last 6 months <1000 copies/mL
- Not pregnant or breast feeding
- Emergency and natural disaster situations

ART provider may consider enrolling clients that may not satisfy all criteria for a stable client. ART provider must balance the burden of more frequent clinic visits with the benefits to the ART client of on

individual basis. However, ART provider should clearly document item the client does not satisfy in the criteria for stable clients and a plan to rectify where possible. For example, a 17-year-old tailor, financially stable and married may be given six months refill while a 25-year-old schoolteacher who will likely move to a different city in the next three months should not be given six months refill.

ART Provider/Nurse

**EC/ART** 

Clerk

**ART** 

Provider

- Categorization and entry into 6-months refill program
- Use the patient categorization criteria to identifty stable patients during their routine clinic visit.
- come back in 6-months for a clinic consultation.
- they experience any issues
- The patient receives 6 months wortyh of ART; cotrimoxazole; INH and other necessary HIV commodities

On Day of Full Clinical Review

and height measurements.

• Schedule next appointment 6 - months if stable

standard ART clinical care of 13-months refill

• If client is unstable, their appointment booking should follow

· Receives the ROC and takes their weight

**Appointmnet** 

Appointment Booking.

## • stable patients is sensitized about 6-months refill and agrees to The patient is instructed that they may come back earlier if

- Expert Fast track nurse
- Before Day of Clinic Appointment • Use the appointment Diary or EMRS to identify Clients who are expected to come for their clinical consultation on the following

## **ART**

- On Day of Full Clinical Review Appointment Reassess for DSD eligibility-confirm if the ROC is still stable
- Document in the Differentiated care model register at every visit

# Provider

- **ART** Provider and lay cadres (Expert

client)

- Viral Load Considerations proceed to give 6-months appointment to clients after they receive viral load (VL) but advise them, to come in 2-months to receive their VL results • Update locator information including phone number in case viral
- load comes back high
- Trace clients with high VL as soon as possible to bring them back to the facility to commence the high VL management cascade.

### **Roles and Responsibility for Six Monthly Refill Program**

ART PROVIDER (NURSE/CLINICIAN) Decide upon individual client's eligibility for 6MR • Conduct the routine clinical assessment for ART clients • Ensure routine VL monitoring tests are conducted • Prescribe and dispense six months of ART; male condoms; INH and cotrimoxazole • COUNSEL about x, y, z









