



More than just antiretroviral therapy: Leveraging differentiated ART delivery models to facilitate contraceptive care and TB preventative therapy

ICASA 2019 satellite session, 12:45-14:15, Wednesday, 4 December 2019, Kigali, Rwanda

OVERVIEW

Differentiated antiretroviral therapy (ART) service delivery models for clinically stable clients on ART have been shown to support long term retention and viral suppression while also alleviating unnecessary burden on the health system. In sub-Saharan Africa, differentiated ART delivery models have been widely endorsed by normative agencies, funders and within national policy and are increasingly being scaled up. The World Health Organization (WHO) recommends integration of family planning services within ART services and TPT as a key prevention intervention for all people living with HIV. Where clients are seen less regularly at health facilities for their HIV care, frequent attendance to maintain contraceptive adherence or to complete a course of TB preventative therapy (TPT) may be put at risk. Differentiated ART delivery models should be leveraged to support the adherence to and effective use of a chosen method of contraception and complete TPT so access to these two essential components of care are strengthened and not compromised.

Experience of how both contraception and TPT can be successfully integrated within differentiated ART service delivery models for stable clients has not been extensively documented and shared. The objective of this satellite is to:

- Identify family planning and TPT service delivery challenges for clinically stable clients in differentiated ART delivery models
- Share best practices for contraceptive provision within differentiated ART delivery models for clinically stable clients
- Share best practices for TPT coverage within differentiated ART delivery models for clinically stable clients
- Discuss barriers to ensuring contraceptive and TPT access within differentiated ART delivery models

SESSION OUTLINE

TIME	CONTENT
PART 1: Introductions and overview	
12h45-12h50	Introductions
12h50-13h00	Overview quiz – <i>audience poll</i>
PART 2: Opportunities for integration of TPT in stable client models	
13h00-13h10	Overview of key considerations for integration of TPT into stable client DSD models and tools available



13h10-13h20	Zisamale na TPT: Piloting TPT within the fast-track model in Zambia
13h30-13h45	Discussion: Opportunities for integration of TPT in stable client models
PART 3: Opportunities for improving contraceptive care in stable client models	
13h45-13h50	Where are we now: overview of coverage and uptake of contraception in women on ART
13h50-14h00	Operational successes and challenges of contraceptive provision into DSD models for stable clients: Examples from MSF
14h00-14h15	Discussion: Opportunities for improving contraceptive care in stable client models